

II CUG INAF Informa / Newsletter

N.4 | Anno 2025

ACTIVITIES/ NEWS

Updates on initiatives and actions started by INAF CUG

- Since the new INAF CUG was established, there has been an online meeting every month in order to guarantee, within the working environment, equality and equal gender opportunities, the protection of workers against discriminations and mobbing, as well as the absence of any form of physical and psychological violence.
- The minutes and the agendas of the sessions held so far by CUG are available at the following [LINK](#).
- Since the end of 2023, INAF CUG has been engaging in participating, sponsoring or organizing various initiatives to raise awareness of gender equality and organisational well-being.

[Here](#) is a summary of the activities carried out in recent months.

- **Reports on the 2024 activity in Inaf of:**
 - CUG ([Italian](#) and [English](#))
 - [Counselling Desk for Work-related Stress](#) ([Italian](#) and [English](#))
 - [Trusted Counsellor](#) ([Italiano](#) and [English](#))

All documents can be found in the Inaf website in the [section dedicated to CUG](#).

CUG EVENTS / SPONSORSHIPS / EXTERNAL EVENTS / TRAINING

List of the initiatives organized, sponsored, participated by CUG and training proposals for the staff

- **INAF Training Event “Beyond Borders: Equity and Inclusion in Scientific Culture”**
The meeting will take place from May 5 to 7, 2025 in the Research Area of Bologna and will be devoted to promoting the dialogue on welcoming and accessible institutions, from the physical, emotional and cultural point of view. Read an insight > [Equità e inclusione nella cultura scientifica](#)

- The Committee for Equal opportunities (CUG), in collaboration with all INAF branches, informs that **seminars will be held involving the local Centres against Violence**. Here are the first two seminars:
 - Trieste, at the Astronomical Observatory, on May 22 maggio from 11.00 to 12.30;
 - Catania, at the Astrophysical Observatory, on June 9 from 11.30 to 13.00.
 The dates of the next seminars will be given in the upcoming newsletter and e-mail.

CALLS/OPPORTUNITIES/ PROJECTS

- **RACE FOR THE CURE May 8-11, 2025**
 It is the symbol of Komen Italia and the largest manifestation for the fight against breast cancer in Italy and in the whole world. The event is held under the Patronage of the President of the Italian Republic, in Rome, Circo Massimo, and in other 4 Italian cities: Bari, Bologna, Brescia, Matera, and Naples <https://www.raceforthecure.it/>
- **PREMIO**
 Second edition of the Prize for STEM Research Doctorate "Il Sorriso di Anna (Anna's Smile)," devoted to women, aiming at promoting the study of STEM disciplines and choosing a career of study and research in the field of Aerospace on the part of the female audience, with a prize of 3.000 euros. Participation is open to all women with a PhD - or who are going to obtain a PhD from 1° January 2024 to 30 July 2025 from an Italian University in a discipline related to Science, Technology, Engineering and Mathematics, by discussing a thesis on topics also applying to Aerospace and regarding: prevention, health protection or, more in general, the wellbeing of people - Sustainability/sustainable development (with reference to food, agriculture, managing natural resources, soil monitoring...) through space data and technologies. Applications must be submitted by June 30, 2025.
<https://www.ctna.it/ii-edizione-premio-tesi-di-dottorato-di-ricerca-stem-il-sorriso-di-anna/>
- **WEBINAR**
 "Disability: the words to express it" with Alexa Pantanella, an expert in inclusive and accessible languages, founder of D&I Speaking© and author of "Eppur ci siamo: narrative e rappresentazioni delle persone con disabilità" (And yet we are here: stories and representations of the disabled). Thursday May 08, from 14:30 to 15:30
 Registrations at the following [link](#)

NUGGETS FROM CUG

Suggested resources, food for thought, news from the world

- LIBRO [Manuale di autodifesa dal mobbing \(How to defend yourself from mobbing\)](#)
- NEWS [\(Non\) ti sento. Come rompere ogni barriera comunicativa \(I can't hear you: how to break any communication barrier\)](#)
- NEWS [Bonus psicologo: in arrivo boccata d'ossigeno di 26 milioni, si riapre la graduatoria dei beneficiari \(A bonus for the psychologist: a kiss of life for 26 million euros: the list of beneficiaries is reopened\)](#)

- **PODCAST [IDENTITÀ SOSTANTIVO PLURALE \(Identity: plural noun\)](#)**
*The generation gap between teenagers and adults has never seemed so large, and the world of youth looks much more complex than the one of their parents.
 How do teenagers build their identity nowadays? What is the meaning of living and recognizing oneself in a fast, fluid, liquid world as the current one, also with reference to gender identity? What does "identity" mean?*

FOCUS

- **May 1st | Labour day**
 - [Il rapporto 2024 dell'INAIL](#) (INAIL 2024 Report) underlines that female workers are generally suffering from bone and muscle disorders, from diseases of the connective tissue, as well as from nervous disorders. With reference to psychological diseases, the percentage on the total of female disorders is three times that of their male colleagues.
- **May 17 | [Giornata internazionale contro l'omofobia, la bifobia e la transfobia \(International Day against Homophobia, Biphobia and Transphobia\)](#)**
 established in 2004, in 2015 it added biphobia among its awareness-raising objectives
 - [link](#)
 - [READY NETWORK](#)
- **May 21 | [Giornata Mondiale per la Diversità Culturale, il Dialogo e lo Sviluppo \(World Day for Cultural Diversity, Dialogo and Development\)](#)**

THE CUG NETWORK

Updates and initiatives of the National P.A. CUG Network.

- Periodical MAGAZINE "La Voce dei CUG" (The Voice of CUG) CUG" [March April 2025](#)

FOR INFORMATION AND CONTACTS

In order to receive further updates on topics of interest concerning Measures to guarantee equal opportunities, wellbeing of workers and absence of discriminations in public administrations::

visit the website <http://www.inaf.it/it/sedi/sede-centrale-nuova/comitato-unico-di-garanzia>

Follow the Facebook page <https://www.facebook.com/InafCug>

CONTACTS:

CUG

E-mail cug@inaf.it to report general issues concerning working environment and organizational wellbeing

or write a message to the President of CUG: Dr. Anna Giglio anna.giglio@inaf.it

INAF [Confidential Counsellor](#) Avv. Marina Capponi

For further information or arrange a meeting, write an email to: consigliera.fiducia@inaf.it or call during office hours/contact via whatsapp the number 3667664628

Inaf Counselling Service:

Contact person: Psychologist Alice Fattori sportellodascolto@inaf.it for a private meeting

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Newsletter edited by CUG INAF

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